St.Helens Swimming Club

Affiliated to the ASA, ASA NW Region

RELAY GALA

(Under ASA law & Technical rules)

Length of pool: 33m

TEAMS

	EVENT				Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1	Girls	9/u	4 x 1	Br.Stroke						
2	Boys	9/u	4 x 1	Br.Stroke						
3	Girls	10/u	4 x 1	Br.Stroke						
4	Boys	10/u	4 x 1	Br.Stroke						
5	Girls	11/u	4 x 1	Fly						
6	Boys	11/u	4 x 1	Fly						
7	Girls	12/u	4 x 1	Fly						
8	Boys	12/u	4 x 1	Fly						
				Points so far						
9	Girls	9/u	4 x 1	Free						
10	Boys	9/u	4 x 1	Free						
11	Girls	10/u	4 x 1	Free						
12	Boys	10/u	4 x 1	Free						
13	Girls	11/u	4 x 1	Medley						
14	Boys	11/u	4 x 1	Medley						
15	Girls	12/u	4 x 1	Medley						
16	Boys	12/u	4 x 1	Medley						
				Points so far						
17	Girls	9/u	4 x 1	Fly						
18	Boys	9/u	4 x 1	Fly						
19	Girls	10/u	4 x 1	Fly						
20	Boys	10/u	4 x 1	Fly						
21	Girls	11/u	4 x 1	Br.Stroke						
22	Boys	11/u	4 x 1	Br.Stroke						
23	Girls	12/u	4 x 1	Br.Stroke						
24	Boys	12/u	4 x 1	Br.Stroke						
				Points so far						
25	Girls	9/u	4 x 1	Medley						
26	Boys	9/u	4 x 1	Medley						
27	Girls	10/u	4 x 1	Medley						
28	Boys	10/u	4 x 1	Medley						
29	Girls	11/u	4 x 2	Free						
30	Boys	11/u	4 x 2	Free						
31	Girls	12/u	4 x 2	Free						
32	Boys	12/u	4 x 2	Free						
33	Mixed Age (1 girl & 1 boy from each age)		8 x 1	Free						
				TOTAL POINTS						