

St.Helens Swimming Club

Affiliated to the ASA NW Region, Lancashire County SWPA



Excellent swimming by our up-and-coming swimmers produced more personal best times

Friday 1st October saw the 3rd gala of the Tadpole League (12's and under) held at Everton Park Leisure Centre.

St.Helens sent a large number of swimmers to compete in this event with everyone gaining personal best times for their chosen events.

In the 50m Breaststroke there were times of 47.21 for Jessica Harman, Hannah Rogers 48.03, Ellie Bickerstaff 50.55 and Holly Dowdle hitting 54.92.

Libby Nicholls smashed 4 secs off her previous best coming home in a time of 56.03.

Sam Wilcock entered the 200m Breast hitting 4.08.83 and smashing nearly 20 seconds of his previous time.

The high light of the evening was Charlotte Dodson competing in the gruelling 200m Butterfly and gaining a third place and pennant with a fantastic time of 4.16.04.

St.Helens had some mixed fortunes in the relay teams with a 7th place in the Boys 9/10yrs 100 Free(1.23.75), and the Girls 9/10yrs 100 Free coming (1.16.67) in 4th place and the 11/12 yrs girls Medley coming in 8th with a time of 1.22.17.



Charlotte Dodson with her 3rd placed Pennant

