

St. Helens Swimming Club

June Newsletter



Swim Shop

Fins, Floats, T bag shirts and mesh swim bags are available from the club swim shop Thursday evenings.

Club Hoodies and Swim bags can also be ordered please speak to Kerry Hurst.

Team Gala Dates

M&D Results

- Final M&D Gala of the season = 2nd Place
- League = 3rd Place

Congratulations everyone!

- 11th & 12th June 2011 – North West Regional's
- 11th June 2011 – Cath Ankers Gala (Wrexham)
- 10th July 2011 – Wirral Metro
- 16th & 17th July 2011 – Salford summer spectacular

B&D Mini League

- 11th July 2011 – Mini League Semi Final

For more information regarding Galas please speak to Janet Harrison or e-mail:

CompetitionSecretary@StHelensSC.org

Training with A Group

As from the last time trials, to gain access to the A group, swimmers must achieve 2 criteria:

- Achieve the times to go into A group **(Set at the time)**
- Attendance to Galas when selected

Failure to attend the galas will result in you being asked to train with B group so the coaching staff can concentrate on the swimmers who are competing either for the club or as an individual.

Under no circumstances can you train with A group if you fail to compete.

This measure has been brought in place to increase competition amongst the swimmers and to increase participation in Galas in line with the Long Term Athletic Development.

Club Safety

The management of the pool have told us that no-one is allowed on the steps leading from the spectator area to poolside as these are for use in an emergency evacuation only. It is also a concern that swimmers with wet feet may slip, so to avoid any such situation can parents not encourage their children to come up the steps for drinks or to relay times at time trials etc.....

The club will not be held responsible for any accidents that may result from this happening, nor will the leisure centre.

Bags on Poolside

Bags are now allowed on poolside but must be stored on the far side of the pool neatly between the slide tower and the concrete post before the lifeguard chair. Other than this, bags are to be put in the lockers and not taken or passed upstairs to the spectator area as this is a trip hazard and would be obstructive if the building needed to be evacuated.

The management of the pool have informed us that any bags found to be blocking or obstructing a Fire Exit or a walkway including vending and spectator areas, they will be removed and locked away until the owner is identified.

We need you all to comply with the new arrangements as they have been put in place for the safety and security of all our members.



New Members

We would like to say welcome to the following new members who joined the club in May and hope that you enjoy swimming at St Helens Swimming Club.

- Faye Branagan
- Kian Woolfenden

Birthdays



We would like to say Happy Birthday to the following members:-

- Leanne Carey
- Rachel Carr
- Nathan Coy
- Abigail Gent
- Amy Gray
- Alice Harrison
- Alex Platt
- Dane Plumpton
- Freja Raynor
- Olivia Sharlot
- Kerry Webster
- Kian Woolfenden